

Synthesis and Pharmacokinetics of 1α -Hydroxyvitamin D₃ Tritiated at 22 and 23 Positions Showing High Specific Radioactivity

Akira KAWASE,^a Fumihiko ICHIKAWA,^a Nobuo KOIKE,^a Shinichi KAMACHI,^a Walter E. STUMPF,^b Yasuho NISHII,^a and Noboru KUBODERA^{*,a}

Chugai Pharmaceutical Co., Ltd.,^a 2-1-9, Kyobashi, Chuo-ku Tokyo 104-8301, Japan and International Institute of Drug Distribution, Cytopharmacology and Cytotoxicology,^b 2612 Damascus Church Rd. Chapel Hill, NC 27516, U.S.A.

Received July 28, 1999; accepted October 28, 1999

A novel synthesis of a radioactive compound of 1α -hydroxyvitamin D₃ (1α OHD₃) (**1**) and its pharmacokinetics are described. Radioactive 1α OHD₃ tritiated at 22 and 23 positions ($[22,23\text{-}^3\text{H}_4]1\alpha$ OHD₃) (**5**) was prepared via key reactions of the reduction of acetylenic side chain in the ketone (**12**) with tritium gas in the presence of palladium-charcoal and the subsequent Wittig reaction with the A-ring synthon (**16**). $[22,23\text{-}^3\text{H}_4]1\alpha$ OHD₃ (**5**) showed high specific radioactivity (111.5 Ci/mmol) and was used successfully in pharmacokinetics studies with rats. In the pharmacokinetics studies, the plasma concentration level of the active form of vitamin D₃, $1\alpha,25$ -dihydroxyvitamin D₃ [$1\alpha,25(\text{OH})_2\text{D}_3$], after oral or intravenous administration of $[22,23\text{-}^3\text{H}_4]1\alpha$ OHD₃ (**5**), showed longer half-life, lower maximum concentration, and lower area under the curve than those after treatment of $1\alpha,25(\text{OH})_2\text{D}_3$ tritiated at 26 and 27 positions (**4**). These results might suggest a beneficial therapeutic utility of 1α OHD₃ (**1**) over the treatment of $1\alpha,25(\text{OH})_2\text{D}_3$ (**2**).

Key words $1\alpha,25$ -dihydroxyvitamin D₃; 1α -hydroxyvitamin D₃; pharmacokinetics; tritiated compound; tritium gas; specific radioactivity

Background 1α -Hydroxyvitamin D₃ (1α OHD₃) (**1**) is now well known as a synthetic prodrug of $1\alpha,25$ -dihydroxyvitamin D₃ [$1\alpha,25(\text{OH})_2\text{D}_3$] (**2**), a hormonally active form of vitamin D₃,¹⁾ and has been used clinically for the treatment of rickets, hypovitaminosis, hypocalcemia, chronic renal failure, and osteoporosis.²⁾ Regarding pharmacokinetics and distribution studies of 1α OHD₃ (**1**),³⁾ administered radioactivity was simply traced using 1α OHD₃ tritiated at 2 position ($[2\text{-}^3\text{H}]1\alpha$ OHD₃) (**3**) in which specific radioactivity was shown to be very low (4.2 Ci/mmol).⁴⁾ Detailed plasma concentration level of bioconverted $1\alpha,25(\text{OH})_2\text{D}_3$ (**2**) by the hydroxylation at 25 position of dosed 1α OHD₃ (**1**) has not been compared with $1\alpha,25(\text{OH})_2\text{D}_3$ level after administration of $1\alpha,25(\text{OH})_2\text{D}_3$ (**2**) itself. The non-availability of such important information about the bioconversion from a prodrug, 1α OHD₃ (**1**), to an active form, $1\alpha,25(\text{OH})_2\text{D}_3$ (**2**), has been due to lack of tritiated 1α OHD₃ possessing high specific radioactivity. We have also been interested in the relevance of tissue distribution studies and cytopharmacology with cellular autoradiography of 1α OHD₃ (**1**) to determine its mode-of-action in bone.⁵⁾ In microautoradiography experiments, $[2\text{-}^3\text{H}]1\alpha$ OHD₃ (**3**) is, however, far from satisfactory due to quite low specific radioactivity.

Although the synthesis of $1\alpha,25(\text{OH})_2\text{D}_3$ tritiated at 26 and 27 positions ($[26,27\text{-}^3\text{H}_6]1\alpha,25(\text{OH})_2\text{D}_3$) (**4**) possessing high specific radioactivity is known, the preparative method for tritiated 1α OHD₃ with high specific radioactivity has never, to our knowledge, been reported. In this paper we describe: 1) a novel procedure for the preparation of 1α OHD₃ tritiated at 22 and 23 positions ($[22,23\text{-}^3\text{H}_4]1\alpha$ OHD₃) (**5**) showing high specific radioactivity and 2) pharmacokinetics results of $1\alpha,25(\text{OH})_2\text{D}_3$ levels after administration of $[22,23\text{-}^3\text{H}_4]1\alpha$ OHD₃ (**5**) to rats in comparison with after administration of $[26,27\text{-}^3\text{H}_6]1\alpha,25(\text{OH})_2\text{D}_3$ (**4**) (Chart 1).

Synthetic Results After many unsuccessful trials to convert commercially available $[26,27\text{-}^3\text{H}_6]1\alpha,25(\text{OH})_2\text{D}_3$ (**4**) to 1α OHD₃ tritiated at 26 and 27 positions by removal of the

hydroxy group at 25 position, we focused our synthetic strategy on the tritiation of the acetylenic side chain by the catalytic reduction using tritium gas. The key intermediate for the tritiation reaction should be the acetylenic derivative **12**, which would be transformed to $[22,23\text{-}^3\text{H}_4]1\alpha$ OHD₃ (**5**) via the Wittig reaction with the A-ring synthon (**16**) of active vitamin D₃ after tritiation (Chart 2).

The Inhoffen-Lythgoe diol (**6**),⁶⁾ prepared from vitamin D₂ by ozonolysis, was converted to the known aldehyde (**7**)⁶⁾ by acetylation of the primary hydroxy moiety in **6**, silylation of the secondary hydroxy group, deacetylation by the reduction with lithium aluminum hydride (LiAlH₄), and oxidation of the resulting primary hydroxy group with pyridinium chlorochromate (PCC). The formyl group in **7** was transformed to the ketene dibromide (**8**) in 96% yield by Corey's method⁷⁾ using carbon tetrabromide (CBr₄) and triphenyl phosphine (PPh₃) in dichloromethane (CH₂Cl₂). The ketene dibromide (**8**) was treated with *n*-butyllithium (*n*-BuLi) at -78°C , followed by a reaction with isobutylaldehyde to yield the acetylenic alcohol (**9**), quantitatively.⁷⁾ Removal of the secondary hydroxy group in **9** by the Barton method,⁸⁾ *i.e.* initial formation of thioester by treatment with phenyl chlorothionoformate (PhOCSCl) and the subsequent reduction of the resulting thioester with tri-*n*-butyltin hydride (*n*-Bu₃SnH), was accomplished clearly to give a 98% yield of the acetylene (**10**). Desilylation of the protecting group in **10** by aqueous hydrochloric acid (HCl) in tetrahydrofuran (THF) gave the alcohol **11** in 68% yield, which was oxidized by PCC to afford the acetylenic ketone (**12**) in 56% yield.

Having obtained the key intermediate **12**, catalytic hydrogenation was first carried out as a model experiment for tritiation reaction using tritium gas. Thus, hydrogenolysis of **12** in the presence of palladium-charcoal (Pd-C) in ethyl acetate (AcOEt) afforded the ketone (**13**), quantitatively. The ketone (**13**) was allowed to react with the A-ring synthon (**16**), prepared by Hatakeyama's method,⁹⁾ followed by desilylation with tetra-*n*-butylammonium fluoride (TBAF) to give

* To whom correspondence should be addressed.

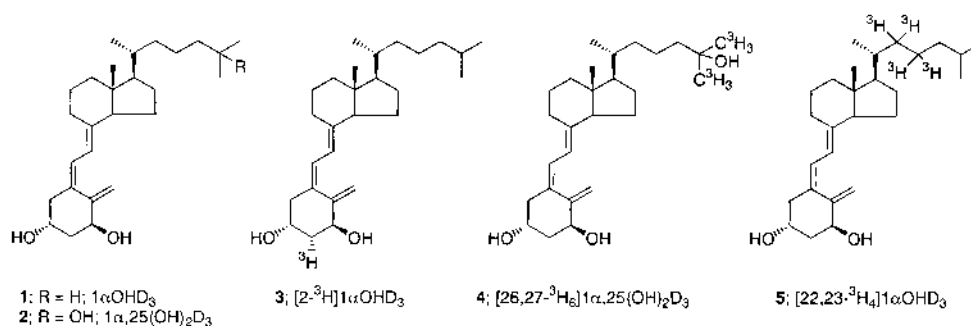
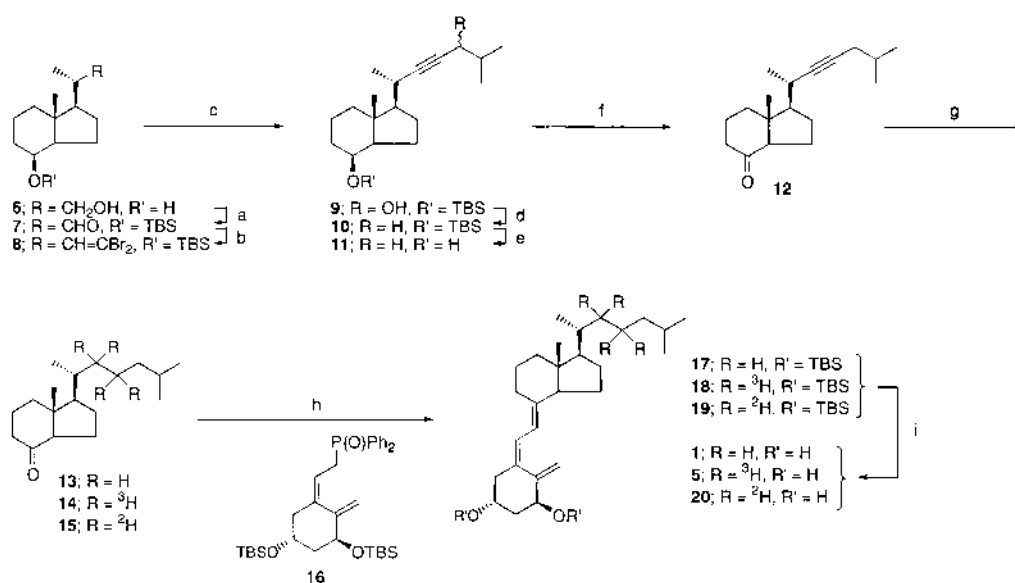


Chart 1



TBS=*tert*-butyldimethylsilyl. a) 1) Ac₂O/pyridine, 2) TBSCl, 3) LiAlH₄, 4) PCC; b) CBr₄/PPh₃; c) *n*-BuLi/isobutylaldehyde; d) 1) PhOCsCl/pyridine, 2) *n*-Bu₃SnH; e) aqueous HCl; f) PCC/Celite; g) H₂, ²H₂ or ³H₂/Pd-C/AcOEt; h) *n*-BuLi; i) TBAF

Chart 2

1 α OHD₃ (**1**), which was completely identical with authentic material.¹⁰ The described thirteen-step synthesis from the Inhoffen-Lythgoe diol (**6**) to 1 α OHD₃ (**1**) provides a novel convergent method for the preparation of clinically important **1**.

The same reaction conditions as used in the hydrogenolysis of **12** were applied to prepare the tritiated ketone (**14**). The tritiation of the acetylenic part in **12** with tritium gas in the presence of Pd-C afforded the tritiated ketone (**14**) in 95% radiochemical purity with 116 Ci/mmol specific radioactivity. [22,23-³H₄]1 α OHD₃ (**5**) was obtained with 111.5 Ci/mmol (4125.5 GBq/mmol) specific radioactivity and 98% radiochemical purity by the Wittig reaction (17% yield) with the A-ring synthon (**16**) and the subsequent desilylation (48% yield) with TBAF. When deuterium gas was used instead of tritium gas, 1 α OHD₃ deuterated at 22 and 23 positions ([22,23-²H₄]1 α OHD₃) (**20**) was also obtained in a comparable yield (Chart 2). Since [22,23-³H₄]1 α OHD₃ (**5**) has high specific radioactivity, microautoradiography experiments of 1 α OHD₃ were carried out successfully using **5** and the results have been reported recently.¹¹

Pharmacokinetics Results [22,23-³H₄]1 α OHD₃ (**5**) or [26,27-³H₆]1 α ,25(OH)₂D₃ (**4**) were given to Sprague-Dawley male rats (6-week-old) orally or intravenously at a dose of 5

nmol (*ca.* 2 μ g)/kg/50 μ Ci, respectively. The plasma levels of total radioactivity, 1 α ,25(OH)₂D₃ fraction and 1 α OHD₃ fraction (in case of [22,23-³H₄]1 α OHD₃ (**5**) administration) were determined at 5 min, 0.5, 1, 2, 3, 4, 6, 8, 10, 12, 24, 48 and 72 h after fractionation by HPLC. The results are shown in Fig. 1 for the administration of [22,23-³H₄]1 α OHD₃ (**5**) and Fig. 2 for [26,27-³H₆]1 α ,25(OH)₂D₃ (**4**). Calculated pharmacokinetics parameters, plasma half-life (*T*_{1/2}), maximum concentration (*C*_{max}), time at *C*_{max} (*T*_{max}) and area under the curve (*AUC*) are also summarized in Table 1.

Plasma concentration of 1 α ,25(OH)₂D₃ after oral or intravenous administration of [22,23-³H₄]1 α OHD₃ (**5**) showed longer *T*_{1/2}, lower *C*_{max}, and lower *AUC* than those after treatment of [26,27-³H₆]1 α ,25(OH)₂D₃ (**4**). In our radioassay experiments which were carried out separately from the present pharmacokinetics studies, 1 α ,25(OH)₂D₃ fraction in rat bone after 1 α OHD₃ treatment was sustained for longer than that after 1 α ,25(OH)₂D₃ treatment.¹¹ We also confirmed in the microautoradiography studies that localization of radioactivity in bone after treatment with 1 α OHD₃ or 1 α ,25(OH)₂D₃ is observed in osteoblast nuclei.¹¹ Radioactivity in the nuclei after 1 α OHD₃ treatment was also sustained longer than that after 1 α ,25(OH)₂D₃ treatment. Taking the results obtained in

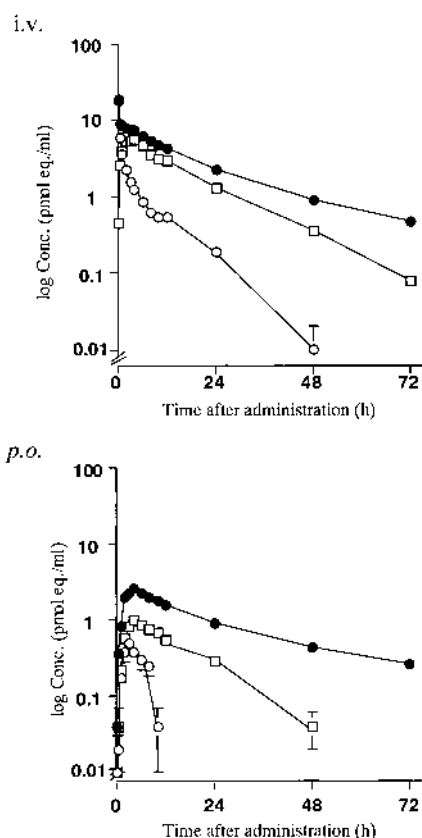


Fig. 1. Plasma Concentration of Radioactivity after Oral (*p.o.*) or Intravenous (*i.v.*) Administration of [22,23- $^3\text{H}_4$]1 α OHD $_3$ (5)
 —●—: total radioactivity, —○—: 1 α OHD $_3$ fraction, —□—: 1 α ,25(OH) $_2$ D $_3$ fraction.

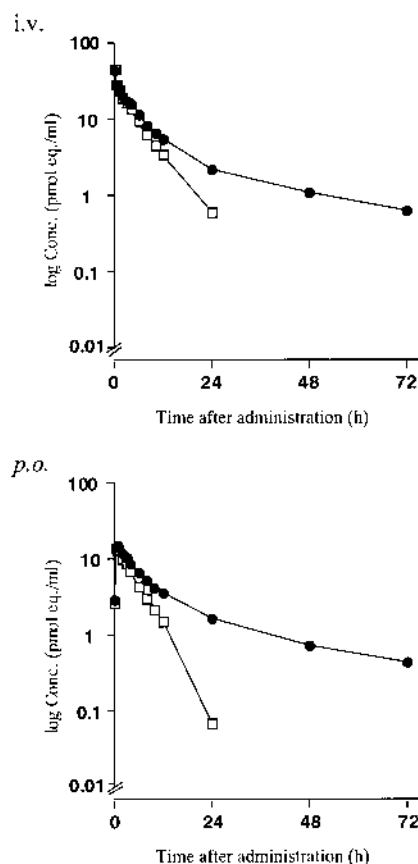


Fig. 2. Plasma Concentration of Radioactivity after Oral (*p.o.*) or Intravenous (*i.v.*) Administration of [26,27- $^3\text{H}_6$]1 α ,25(OH) $_2$ D $_3$ (4)
 —●—: total radioactivity, —□—: 1 α ,25(OH) $_2$ D $_3$ fraction.

the present pharmacokinetics studies and the above-mentioned radioassay in bone and microautoradiography in osteoblast nuclei into consideration, treatment of a prodrug [1 α OHD $_3$ (1)] supplies bone with an active form of drug [1 α ,25(OH) $_2$ D $_3$ (2)] more steadily and stably than those of 1 α ,25(OH) $_2$ D $_3$ (2) treatment. Although these results might suggest a beneficial therapeutic utility of a prodrug [1 α OHD $_3$ (1)] over treatment of an active form of vitamin D $_3$ [1 α ,25(OH) $_2$ D $_3$ (2)], further basic and clinical trials are necessary to clarify the disparate characters of 1 α OHD $_3$ (1) on bone from 1 α ,25(OH) $_2$ D $_3$ (2).

Experimental

General Methods for Synthetic Studies Infrared (IR) spectra were recorded with a Hitachi 270-30 spectrometer, proton nuclear magnetic resonance (NMR) spectra with a JEOL FX-200 or JEOL FX-270, mass (MS) spectra with a Shimadzu GCMS-QP 1000, and ultraviolet (UV) spectra with a Shimadzu UV-240. Gas chromatography was performed with a Shimadzu GC-17A (Capillary GC, FID) using column DB-17 (J & W Scientific 0.53 mm 15 m). Flash column chromatography was carried out with Merck Kieselgel 60 (Art 9385), and preparative TLC was performed on 20 \times 20 cm plates coated with 0.25 mm thickness of Merck Kieselgel 60 coating F254. Reverse phase high-performance liquid chromatography (HPLC) was carried out on YMC ODS A-312 at a flow rate of 1 ml/min with EtOH/H $_2$ O (85:15). Radioactivity was measured with an Aloka LSC-900.

(8 β)-De-A,B-23,23-dibromo-8-(*tert*-butyldimethylsilyloxy)-24-norchol-22-ene (8) To a stirred solution of the aldehyde (7)⁶ (4.69 g, 14.4 mmol) in CH $_2$ Cl $_2$ (25 ml) was rapidly added CBr $_4$ (9.55 g, 28.8 mmol) and PPh $_3$ (15.1 g, 57.6 mmol) in CH $_2$ Cl $_2$ (25 ml). The mixture was then stirred at room temperature for 3 min and diluted with *n*-hexane. The insoluble material was filtered out. The filtrate was washed with saturated aqueous NaHCO $_3$ and saturated aqueous NaCl, dried over MgSO $_4$, and evaporated. The residue was

Table 1. Pharmacokinetics Parameters of Plasma 1 α ,25(OH) $_2$ D $_3$ Fraction after Oral (*p.o.*) or Intravenous (*i.v.*) Administration of [22,23- $^3\text{H}_4$]1 α OHD $_3$ (5) or [26,27- $^3\text{H}_6$]1 α ,25(OH) $_2$ D $_3$ (4)

	Route	$T_{1/2}$ (h)	C_{\max} (pmol/ml)	T_{\max} (h)	AUC (pmol·h/ml)
[22,23- $^3\text{H}_4$]1 α OHD $_3$ (5)	<i>p.o.</i>	10.2	0.88	6.00	18.0
	<i>i.v.</i>	11.4	5.99	3.25	102
[26,27- $^3\text{H}_6$]1 α ,25(OH) $_2$ D $_3$ (4)	<i>p.o.</i>	3.17	14.9	0.75	75.8
	<i>i.v.</i>	4.31	46.4	—	175

taken up with *n*-hexane. The insoluble material was removed by filtration, and the filtrate was evaporated. The crude product was purified by flash column chromatography with *n*-hexane as the eluant to give the ketene dibromide (8) (6.63 g, 96%) as a colorless oil. NMR (CDCl $_3$) δ : 6.17 (1H, d, J =9.8 Hz), 4.00 (1H, br s), 2.48 (1H, m), 1.00 (3H, d, J =6.8 Hz), 0.96 (3H, s), 0.89 (9H, s), 0.01 (6H, s).

(8 β)-De-A,B-8-(*tert*-butyldimethylsilyloxy)-22-cholestyne-24-ol (9) To a stirred solution of the ketene dibromide (8) (1.00 g, 2.08 mmol) in THF (15 ml) was added *n*-BuLi (1.61 M solution in hexane, 2.71 ml, 4.37 mmol) dropwise at -78°C under argon. The mixture was stirred at -78°C for 1 h and at room temperature for 30 min. Isobutylaldehyde (0.62 ml, 6.86 mmol) was added dropwise to the mixture at -78°C . The resulting mixture was stirred at -78°C for 20 min, poured into H $_2$ O at room temperature and extracted with AcOEt. The extract was washed with saturated aqueous NaCl, dried over MgSO $_4$ and evaporated. The crude product was purified by flash column chromatography with *n*-hexane/AcOEt (15:1) as the eluant to give the acetylene (9) (838 mg, quantitatively) as a colorless oil. NMR (CDCl $_3$) δ : 4.14 (1H, br s), 4.00 (1H, br s), 2.46 (1H, m), 1.18 (3H, d, J =6.8 Hz), 0.99 (6H, d, J =6.8 Hz), 0.96 (6H, d, J =6.8 Hz), 0.93 (3H, s), 0.89 (9H, s), 0.01 (6H, s). IR (neat): 3430, 2950, 2860, 1470, 1375, 1250, 1160, 1080, 1025 cm $^{-1}$.

(8 β)-De-A,B-8-(*tert*-butyldimethylsilyloxy)-22-cholestyne (10) To a stirred solution of the acetylene (**9**) (810 mg, 2.06 mmol) in CH_2Cl_2 (15 ml) were added pyridine (0.58 ml, 7.21 mmol) and PhOCSi (0.43 ml, 3.09 mmol) under argon. The resulting mixture was stirred at room temperature for 2 h and extracted with AcOEt. The extract was washed with cold 0.5 N HCl, saturated aqueous NaHCO_3 and saturated aqueous NaCl, dried over MgSO_4 and evaporated to give a yellow oil which was dissolved in toluene (30 ml). To the resulting solution was added *n*-Bu₃SnH (0.83 ml, 3.09 mmol) and 2,2-azobisisobutyronitrile (67.7 mg, 0.41 mmol). The mixture was refluxed for 3 h and evaporated. The residue was purified by flash column chromatography with *n*-hexane as the eluant to give the acetylene (**10**) (760 mg, 98%) as a colorless oil. NMR (CDCl_3) δ : 4.00 (1H, br s), 2.66 (1H, m), 1.15 (3H, d, $J=6.8$ Hz), 0.95 (6H, dd, $J=6.8, 1.5$ Hz), 0.93 (3H, s), 0.89 (9H, s), 0.01 (6H, s).

(8 β)-De-A,B-22-cholestyne-8-ol (11) A solution of the acetylene (**10**) (740 mg, 1.96 mmol) and 6 N HCl (10 ml) in THF (20 ml) was refluxed for 7 h. The mixture was then diluted with AcOEt, washed with saturated aqueous NaHCO_3 and saturated aqueous NaCl, dried over MgSO_4 and evaporated. The crude product was purified by flash column chromatography with *n*-hexane/AcOEt (10:1) as the eluant to give the alcohol (**11**) (351 mg, 68%) as a colorless oil. NMR (CDCl_3) δ : 4.09 (1H, br s), 2.68 (1H, m), 2.42 (1H, m), 1.16 (3H, d, $J=6.8$ Hz), 0.95 (6H, d, $J=6.3$ Hz), 0.95 (3H, s). IR (neat): 3450, 2950, 2860, 1460, 1375, 1280, 1165, 1065 cm^{-1} .

De-A,B-22-cholestyne-8-one (12) A mixture of the alcohol (**11**) (340 mg, 1.30 mmol), Celite (1.0 g) and PCC (356 mg, 1.95 mmol) in CH_2Cl_2 (5 ml) was stirred at room temperature for 1.5 h. The mixture was diluted with Et_2O , treated with Florisil column chromatography and evaporated. The crude product was purified by flash column chromatography with *n*-hexane/AcOEt (15:1) as the eluant to give the ketone (**12**) (189 mg, 56%) as a colorless oil. NMR (CDCl_3) δ : 2.47 (1H, m), 2.26 (1H, m), 1.21 (3H, d, $J=6.9$ Hz), 0.95 (6H, d, $J=6.6$ Hz), 0.68 (3H, s). IR (neat): 2950, 2875, 1715, 1460, 1380, 1305, 1220 cm^{-1} . MS m/z : 260 (M^+), 133 (100%).

De-A,B-8-oxocholestane (13) A mixture of the ketone (**12**) (12.5 mg, 48.0 μmol) and 5% Pd-C (10.5 mg) in AcOEt (1 ml) was stirred at room temperature for 30 min under hydrogen. The mixture was treated with Celite/silica gel column chromatography using AcOEt as a solvent to give the ketone (**13**) (12.5 mg, quantitatively) as a colorless oil. NMR (CDCl_3) δ : 0.95 (3H, d, $J=5.8$ Hz), 0.86 (6H, d, $J=6.3$ Hz), 0.64 (3H, s). IR (neat): 2950, 2875, 1715, 1470, 1380, 1310, 1240, 1055 cm^{-1} . MS m/z : 264 (M^+), 125 (100%).

1 α ,3 β -Bis(*tert*-butyldimethylsilyloxy)-9,10-secocholesta-5,7,10(19)-triene (17) To a stirred solution of the A-ring synthon (**16**) (58 mg, 99.7 μmol) in THF (0.75 ml) was added *n*-BuLi (1.63 M solution in THF, 130 μl , 212 μmol) dropwise at -75°C under argon. The mixture was stirred at -75°C for 5 min. The ketone (**13**) (4.6 mg, 17.4 μmol) in THF (0.3 ml) was added dropwise to the mixture at -75°C . The resulting mixture was stirred at -75°C for 105 min and at room temperature for 15 min, poured into NaCl and extracted with AcOEt. The extract was washed with saturated aqueous NaCl, dried over MgSO_4 and evaporated. The crude product was purified by preparative TLC developed with *n*-hexane/AcOEt (24:1) to give **17** (5.0 mg, 46%) as a colorless oil, whose TLC, NMR, IR, UV and MS were completely identical with those of authentic material.¹²⁾

1 α -Hydroxyvitamin D₃ (1) A solution of **17** (29.3 mg, 46.6 μmol) and TBAF (1 M solution in THF, 500 μl , 500 μmol) in THF (1 ml) was refluxed mildly for 2 h. The mixture was diluted with AcOEt, washed with 0.5 M HCl, saturated aqueous NaHCO_3 and saturated aqueous NaCl, dried over MgSO_4 and evaporated. The crude product was purified by preparative TLC developed with *n*-hexane/AcOEt/EtOH (20:10:1) to give 1 αOHD_3 (**1**) (18.4 mg, 98%) as a colorless foam, whose HPLC, TLC, NMR and UV were completely identical with those of authentic material.¹⁰⁾

De-A,B-[22,22,23,23-³H₄]-8-oxocholestane (14) A mixture of the ketone (**12**) (12.5 mg, 48.0 μmol) and 10% Pd-C (10.5 mg) in AcOEt (1 ml) was stirred at room temperature under tritium gas (10 Ci) in a tritiation vessel for 3 h. The insoluble material was filtered out and the filtrate was evaporated with EtOH (10 ml \times 4) to give the crude ketone (**14**) (3 Ci). The crude **14** (3 Ci) was purified by preparative TLC developed with *n*-hexane/AcOEt (9:1) to give the analytically pure **14** (2.1 Ci). This was dissolved in EtOH (50 ml) and analyzed. Specific radioactivity: 116 Ci/mmol. Radiochemical purity: 95%. The behavior of **14** on TLC and HPLC was identical with cold authentic **13**.

1 α ,3 β -Bis(*tert*-butyldimethylsilyloxy)-[22,22,23,23-³H₄]-9,10-secocholesta-5,7,10(19)-triene (18) To a stirred solution of the A-ring synthon (**16**) (45 mg, 77.3 μmol) in THF (0.4 ml) was added *n*-BuLi (1.69 M solution in THF, 92 μl , 155 μmol) dropwise at -75°C under argon. The mixture was

stirred at -75°C for 5 min. The ketone (**14**) (900 mCi) in THF (0.25 ml) was added dropwise to the mixture at -75°C , and the resulting mixture was stirred at -75°C for 1 h and at room temperature for 10 min, poured into aqueous NaCl and extracted with AcOEt. The extract was washed with saturated aqueous NaCl, dried over MgSO_4 and evaporated. The crude product was purified by preparative TLC developed with *n*-hexane/AcOEt (24:1) to give **18** (149 mCi, 17%), which was identical with cold authentic **17** on TLC and HPLC.

1 α -Hydroxy-[22,22,23,23-³H₄]vitamin D₃ (5) A solution of **18** (201 mCi) and TBAF (1 M solution in THF, 100 μl , 100 μmol) in THF (0.5 ml) was refluxed mildly for 2.5 h. The mixture was diluted with AcOEt, washed with 0.5 M HCl, saturated aqueous NaHCO_3 and saturated aqueous NaCl, dried over MgSO_4 and evaporated. The crude product was purified by preparative TLC developed with $\text{CH}_2\text{Cl}_2/\text{EtOH}$ (50:3) to give [22,22,23,23-³H₄]1 αOHD_3 (**5**) (95.7 mCi, 48%), which was identical with cold authentic **1** on TLC and HPLC. Specific radioactivity: 111.5 Ci/mmol (4125.5 GBq/mmol). Radiochemical purity: 98%.

De-A,B-[22,22,23,23-³H₄]-8-oxocholestane (15) A mixture of the ketone (**12**) (10.4 mg, 39.9 μmol) and 5% Pd-C (10.5 mg) in AcOEt (1 ml) was stirred at room temperature for 30 min under deuterium gas. The mixture was treated with Celite/silica gel column chromatography to give the ketone (**15**) (10.7 mg, quantitatively) as a colorless oil. NMR (CDCl_3) δ : 0.94 (3H, d, $J=6.3$ Hz), 0.87 (6H, d, $J=6.8$ Hz), 0.64 (3H, s). IR (neat): 2950, 2875, 1710, 1460, 1380, 1310, 1220, 1050 cm^{-1} . MS m/z : 268 (M^+), 125 (100%).

1 α ,3 β -Bis(*tert*-butyldimethylsilyloxy)-[22,22,23,23-³H₄]-9,10-secocholesta-5,7,10(19)-triene (19) To a stirred solution of the A-ring synthon (**16**) (56 mg, 95.6 μmol) in THF (0.75 ml) was added *n*-BuLi (1.63 M solution in THF, 88 μl , 143 μmol) dropwise at -78°C under argon. The mixture was stirred at -78°C for 5 min. The ketone (**15**) (5.6 mg, 21.2 μmol) in THF (0.3 ml) was added dropwise to the mixture at -78°C . The resulting mixture was stirred at -78°C for 1.75 h and at room temperature for 15 min, poured into aqueous NaCl and extracted with AcOEt. The extract was washed with saturated aqueous NaCl, dried over MgSO_4 and evaporated. The crude product was purified by preparative TLC developed with *n*-hexane/AcOEt (24:1) to give **19** (11.2 mg, 84%) as a colorless oil. NMR (CDCl_3) δ : 6.24 (1H, d, $J=11.5$ Hz), 6.02 (1H, d, $J=11.5$ Hz), 5.18 (1H, d, $J=2.2$ Hz), 4.87 (1H, d, $J=2.2$ Hz), 4.44—4.32 (1H, m), 4.27—4.12 (1H, m), 0.96—0.82 (24H, m), 0.53 (3H, s), 0.06 (12H, s). IR (neat): 2940, 2850, 1465, 1375, 1360, 1245, 1080 cm^{-1} . MS m/z : 632 (M^+), 249 (100%). UV λ_{max} nm 265.

1 α -Hydroxy-[22,22,23,23-³H₄]vitamin D₃ (20) A solution of **19** (6.1 mg, 9.6 μmol) and TBAF (1 M solution in THF, 200 μl , 200 μmol) in THF (1.5 ml) was refluxed mildly for 2 h. The mixture was diluted with AcOEt, washed with 0.5 M HCl, saturated aqueous NaHCO_3 and saturated aqueous NaCl, dried over MgSO_4 and evaporated. The crude product was purified by preparative TLC developed with *n*-hexane/AcOEt/EtOH (20:10:1) to give [22,22,23,23-³H₄]1 αOHD_3 (**20**) (3.3 mg, 84%) as a colorless oil. NMR (CDCl_3) δ : 6.39 (1H, d, $J=11.2$ Hz), 6.02 (1H, d, $J=11.2$ Hz), 5.33 (1H, br s), 4.51—4.37 (1H, m), 4.31—4.13 (1H, m), 2.90—2.76 (1H, m), 2.68—2.52 (1H, m), 2.40—2.24 (1H, m), 0.91 (3H, d, $J=5.9$ Hz), 0.87 (6H, d, $J=6.3$ Hz), 0.54 (3H, s). IR (neat): 3350, 2950, 2850, 1460, 1375, 1210, 1050 cm^{-1} . MS m/z : 404 (M^+), 134 (100%). UV λ_{max} nm 264.

Pharmacokinetics Studies Six-week-old male Sprague-Dawley rats were purchased from S.L.C. Japan Co., Ltd., (Shizuoka, Japan). After an acclimation period of one week with standard rodent chow containing 1.25% calcium and 1.06% phosphate (CE-2, Clea Japan Inc.), rats were starved overnight prior to administration. [22,22,23,23-³H₄]1 αOHD_3 (**5**) or [26,26,26,27,27-³H₆]1 α ,25(OH)₂D₃ (**4**) (purchased from Amersham International plc.), was administered orally or intravenously in saline or intravenously in saline containing 1% EtOH and 1% Tween 20 as a solvent at a dose of 5 nmol (*ca.* 2 μg)/kg/50 μCi . Blood was taken periodically at 5 min, 0.5, 1, 2, 3, 4, 6, 8, 10, 12, 24, 48 and 72 h from the tail vein. Total radioactivity was determined by liquid scintillation counter (Tri-Carb 2500TR, Packard). Radioactive fractions were separated by HPLC (SCL-10A, Shimadzu) and detected by liquid scintillation counter. The radioactivity of 1 α ,25(OH)₂D₃ fraction was fitted to the least squares method to calculate elimination rate constant (*ke*). Plasma $T_{1/2}$ was calculated as $\ln 2/ke$ and AUC was determined by the trapezoidal rule with extrapolation using the *ke*.

Acknowledgments We are grateful to Amersham International plc. for the tritiation reaction. Thanks are also due to Drs. M. Nanjo, T. Kawanishi, and H. Watanabe, Fuji-Gotemba Research Laboratories, Chugai Pharmaceutical Co., Ltd., for their assistance.

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